

2ND INTERNATIONAL CONFERENCE

Siddha Medicine Mauritius 2026

சித்த மருத்துவ மாநாடு

*Siddha Medicine—
Tamil Wisdom for Global Wellness*

DATES

27 – 29 November 2026

Friday · Saturday · Sunday

VENUE

SMA Academy

Nicolay Street, Port Louis · Mauritius

Organised by National Organising Committee — Mauritius
siddhamauritius.com



Bringing Siddha Wisdom to a Global Platform

The 2nd International Conference on Siddha Medicine (ISMC) brings together respected scholars, practitioners, researchers and healthcare professionals from different parts of the world for three inspiring days in Mauritius from 27 - 29 Nov, 2026. SMA Academy, Kaylasson, Nicolay Street, Port Louis.

Rooted in the rich Tamil tradition, Siddha medicine represents a profound system of knowledge that connects heritage, wellness and scientific enquiry. This conference creates a meaningful platform to explore its foundations, contemporary relevance and future possibilities.

The programme features expert-led panel discussions, interactive conversations and practical training sessions designed to encourage learning, collaboration and knowledge sharing across generations.

Clinicians, Traditional practitioner, researcher, Acadamecians, Scientists, student, Public healthcare professional, Policy Makers & anyone interested in traditional medicine, the conference offers an opportunity to connect with a global community dedicated to the future of Siddha.

Key Highlights

- ★ Four panel discussions with leading international speakers & academics
- ★ Official opening ceremony with refreshments
- ★ Masterclass & training sessions — including a dedicated batch for children under 16
- ★ Global networking of Siddha practitioners
- ★ Closing ceremony & resolutions

Who Should Attend

- Siddha practitioners and researchers
- Doctors and healthcare professionals
- Scholars of traditional and integrative medicine
- University students and postgraduates
- Families and members of the wider community

CONFERENCE THEMES

Four Panel Discussions with Leading Speakers & Academics

Each theme is a 90-minute moderated panel bringing together distinguished international experts, followed by open discussion with the audience. All four take place on Saturday 28 November.

THEME 1

Foundations & Science of Siddha Medicine

8:30 – 10:00

History, philosophy and diagnostic principles — alongside clinical research, pharmacology, toxicology and evidence-based practice.

THEME 2

Public Health & Medicinal Plants

10:30 – 12:00

Preventive medicine and lifestyle diseases; women's health and geriatric care; herbal quality control and sustainable use of bio-resources.

THEME 3

Heritage & the Global Diaspora

13:00 – 14:30

Manuscripts, palm-leaf preservation and oral traditions — and legal recognition, policy and clinical practice outside India.

THEME 4

Education, Innovation & the Future

15:00 – 16:30

Curriculum and professional standards; artificial intelligence, telemedicine and biotechnology in traditional medicine.

PROGRAMME

Three Days in Port Louis

Friday 27 November

ARRIVAL & OPENING

Daytime Closed-circle pre-meeting
By invitation

19:30 – 21:00 Official Opening Ceremony
Refreshments available

Panel Session Format

- Moderator introduction — 5 min
- Presentations by leading speakers & academics — 3 × 15 min
- Moderated panel discussion — 25 min
- Audience Q&A — 15 min

Saturday 28 November

PANEL DAY

7:30 – 8:15 Breakfast

8:30 – 10:00 Theme 1 — Foundations & Science of Siddha Medicine

10:00 – 10:30 Tea break

10:30 – 12:00 Theme 2 — Public Health & Medicinal Plants

12:00 – 13:00 Lunch

13:00 – 14:30 Theme 3 — Heritage & the Global Diaspora

14:30 – 15:00 Tea break

15:00 – 16:30 Theme 4 — Education, Innovation & the Future

Sunday 29 November

MASTERCLASS & CLOSING

8:00 – 9:00 Breakfast

9:00 – 10:30 Masterclass & Training
Batch 1: Children under 16

10:30 – 12:00 Masterclass & Training
Batch 2: Ages 16 and above

12:00 – 13:00 Light lunch

13:00 – 14:00 Closing Ceremony

SATURDAY PANEL DISCUSSIONS

THEME 1

Foundations & Science of Siddha Medicine

8:30 – 10:00

Siddha medicine rests on a philosophical and diagnostic tradition thousands of years old — yet its future depends on how convincingly it can speak the language of modern science. This panel brings together leading academics, researchers and practitioners to examine the foundations of the Siddha system and the growing body of clinical and laboratory evidence behind it.

Guiding Questions for the Panel

1. What are the core principles of Siddha diagnosis, cosmology and lifestyle that distinguish it from other traditional systems — and how should they be presented to a modern scientific audience?
2. Where does the strongest clinical and pharmacological evidence for Siddha medicine currently stand, and where are the most significant gaps?
3. How can toxicology studies and laboratory evaluations build trust with regulators and the wider medical community?
4. Is there a tension between validating Siddha medicine scientifically and preserving its philosophical integrity — or can the two reinforce each other?
5. What would a credible research agenda for Siddha medicine look like over the next decade?

THEME 2

Public Health & Medicinal Plants

10:30 – 12:00

Lifestyle diseases — diabetes, hypertension, obesity — are among the greatest public health challenges of our time, in Mauritius and worldwide. This panel of leading academics and public health specialists explores the role Siddha medicine can play in prevention and care, and examines the medicinal plant resources on which the entire system depends: their identification, quality, cultivation and conservation.

Guiding Questions for the Panel

1. What can Siddha's preventive approach genuinely offer in the fight against diabetes, hypertension and obesity — and what evidence supports it?
2. How can traditional systems better serve women's health and geriatric care, areas often underserved by mainstream services?
3. Quality control is the gateway to credibility: what standards should govern herbal identification, cultivation and preparation?
4. How do we reconcile growing global demand for medicinal plants with conservation and sustainable use of bio-resources?
5. Could Mauritius position itself as a regional hub for quality-controlled medicinal plant cultivation?

SATURDAY PANEL DISCUSSIONS
THEME 3

Heritage & the Global Diaspora

13:00 – 14:30

The Siddha tradition survives in two fragile forms: in manuscripts, palm leaves and oral knowledge passed down through generations, and in the diaspora communities who carry the practice far beyond India. This panel unites scholars of heritage preservation with practitioners working internationally to ask how the tradition can be protected — through time, and across borders.

Guiding Questions for the Panel

1. What is the current state of Siddha manuscripts and palm-leaf collections, and how urgent is the digital preservation effort?
2. How do we capture oral traditions and lineage-based knowledge before they are lost — and who should hold custodianship of that knowledge?
3. What are the biggest legal and regulatory obstacles facing Siddha practitioners outside India, and where has recognition been achieved?
4. What policy pathways could countries like Mauritius pursue to formally recognise and integrate Siddha practice?
5. What role should diaspora communities play in sustaining and renewing the tradition — rather than merely preserving it?

THEME 4

Education, Innovation & the Future

15:00 – 16:30

The future of Siddha medicine will be decided in classrooms and laboratories: in the curricula that train the next generation of practitioners, and in the technologies — artificial intelligence, telemedicine, biotechnology — that are transforming healthcare everywhere. This closing panel of leading academics and innovators looks ahead: how does a millennia-old tradition educate, professionalise and innovate without losing its soul?

Guiding Questions for the Panel

1. What should a modern Siddha curriculum contain, and how do we align training with international professional standards?
2. Can digital learning widen access to Siddha education globally — and what is lost when teaching moves away from the traditional teacher-student lineage?
3. Where can artificial intelligence genuinely add value in traditional medicine — diagnosis support, drug discovery, knowledge preservation?
4. What opportunities do telemedicine and biotechnology open for Siddha practice, particularly for diaspora and remote communities?
5. Looking ten years ahead: what must this community do now to ensure Siddha medicine thrives rather than merely survives?

OUR PARTNERS

In Collaboration With

The conference is made possible by the support of institutions and organisations committed to the advancement of Siddha medicine across Mauritius, Malaysia and India.



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Registration guidelines

- For Registration Kindly Scan the QR Code given below.
- Fillup all the particulars correctly.

Abstract submission guidelines

- The Scientific Committee invites original research papers, systematic reviews, case studies and practice - based essays aligned with the four conference themes. Abstracts of 250 - 350 words may be written in English or Tamil, and every submission receives a reply by email.
- Abstracts are invited under four conference themes: Foundation & Science of Siddha Medicine, Public Health & Medicinal Plants, Heritage & the Global diaspora, Education, Innovation & the Future.

Conference themes

Foundations and science of Siddha medicine:

Where ancient wisdom meets modern validation — the roots of the Siddha tradition alongside the scientific evidence supporting its practice today.

Public health and medicinal plants:

From prevention to plant — how Siddha medicine addresses today's health challenges, and how we safeguard the natural resources it depends on.

Heritage and the global diaspora:

Carrying the tradition forward — through time, via manuscripts and oral knowledge, and across borders, through the communities practising Siddha medicine worldwide.

Education, innovation and the future:

Building the next generation of practice — from curriculum and professional standards to artificial intelligence, telemedicine and biotechnology.

REGISTRATION

Join Us in Mauritius

USD 30 *or* MUR 1,500

Single registration fee · covers all three days

ONSITE ONLY

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- Email** kmvfoundation2014@gmail.com
siddha.mauritius@gmail.com
- Web** siddhamauritius.com
- Venue** SMA Academy, Nicolay Street, Port Louis